



### POINTS OF INTEREST

- ≈ From Dr. Valsa
- ≈ Special focus- Paediatric department
- ≈ My experience in CFH- Dr.Swaroopaa
- ≈ HCFI Conference
- ≈ From the Community department
- ≈ Praise and prayer points

*Dear Friends,*

Wish you all a Happy & Blessed 2018. This is the first news-letter of 2018. I would like to share the old hymn which goes as follows:

“ I do not know what lies ahead  
 The way I cannot see  
 Yet One stands near to be my guide  
 He will show the way to me

I know who holds the future  
 And He'll guide me with His hands  
 With God things don't just happen  
 Everything by Him is planned  
 So as I face tomorrow  
 With its problems large & small  
 I'll trust the God of miracles  
 Give to Him my all.

I do not know how many days  
 Of life are mine to spend  
 But One who knows & cares for me  
 Will keep me to the end”

Yes, this is the confidence we have as we face the unknown tomorrows. Jesus Christ is the same Yesterday, today and forever. He lead us through the past years and He will lead us through.

We applied for sanction for starting B.Sc Courses in Nursing, Lab, Critical Care and OT & Anaesthesia. By God's grace, inspection for B.Sc Nursing went on well, but we got stuck at the level of getting the G.O. from the Health Minister. For the other courses, we are waiting for the inspections. God's timings are right.

December was filled with Christmas programmes and by God's grace everything went off well. Thanks to Mr. Sam (billing) & Mrs. Hepsi who were convener & co-convener for the Staff annual dinner & Founders' day dinner. It was enjoyed by all. Sunday School Children put up an exceptionally good show this year, directed by Mrs. Hannah Alex. Carol service also was enjoyed by all.

Drs.Paul & Latha have been away at Republic of Congo in Africa from Mid November, responding to the great need there for doctors as the only doctor at Impfondo, Congo, has gone on sabbatical leave to US for a year. We missed them during this Christmas season but, thank God for enabling them to serve Him where there is a greater need. During their absence, we have had several Anaesthesiologists & Obstetricians to help us out. Thank God for Dr. Jean Rose, Dr. Ilango, Dr. Vijay, Dr. John Lee, Dr. Benjamin George, Dr. Soni and Dr. Rajalakshmi who helped us.

Founder's day programme was conducted on January 6<sup>th</sup> and it was a blessing. Dr.Isaac David was the special guest.

As we enter 2018 with its challenges, let us enter with a repentant and humble heart, putting our hand into His hand to lead us through His plans for us as individuals and as an institution.

Dr. Valsa Tharien, Medical Superintendent



New sign board in front of the hospital

**“Children are a heritage from the Lord, offspring a reward from Him.” -Psalms 127:3**

The department of Pediatrics was an answer to the need of this community for specialized quality care for their greatest gifts from God.

**Vision:** To extend the healing power of Christ to every child from his first cry and ensuring that no child is denied the best of care due to financial constraints.

**Facilities :** The department provides outpatient, inpatient and critical care services.

- The OPD provides holistic services from 8AM, with Evening OPD extending till 7pm for the convenience of working parents. Children battling with Rheumatic heart disease, renal diseases and those who are differently able are given special care. The department has decided to go an extra mile for the children with special needs. In association with Holy cross service society (HCSS), a meeting was conducted for parents and teachers by experts in the field who spoke about early detection, red flag signs and management of differently able children. Once a month, volunteers from HCSS conduct clinics in our hospital for assessment and care of these children.
- The NICU is equipped with 11 beds- 5 level II beds with warmers and ventilator support and Special New born care unit(SNCU)beds to cater to the needy neonates. We have facilities for treatment of neonatal jaundice with LED phototherapy and exchange transfusion if required.
- The paediatric ward has 35 beds including 5HDU and 2 PICU beds. 24×7 critical care services with advanced ventilator support is available. For children with renal diseases, who cannot afford treatment at higher centers, Renal Replacement Therapy(Peritoneal dialysis), renal biopsy and bone marrow biopsy facilities are made available.

**Staff:** The department has been blessed with the leadership of Dr. Lenikumar, Dr. Celin Raj and Dr. Jeyanthi Peter. The consultants, junior doctors and efficient staff nurses have been trying to provide the healing touch of Christ through our empty hands. Every Wednesday, the department meets together for an hour of fellowship and prayer. It also serves as a platform to address needs, problems and discussions for practical solutions.

**Academics:** Under the guidance of Dr. Lenikumar, 11 registrars have successfully completed their DNB Pediatrics course and are working in different parts of India .Weekly clinical case discussions for Family Medicine Registrars and classes for junior doctors are being conducted to improve the academic acumen. Hands on training for Pediatric Basic Life support, Pediatric Advanced life support (PALS) and Neonatal Resuscitation Programme (NRP-India) were conducted for junior doctors and nurses. Family medicine registrars are being guided by Dr. Leni with their thesis. By God’s grace, Pediatric DNB registrar Dr. Pavan’s thesis has been published in the Journal of Family Medicine and Primary Care in 2017.

**Needs:** We would like to request your prayers for:

- ✎ More children to enjoy the care and love at our hospital and that all them would come to know of the only Living Lord.
- ✎ Improved facilities to cater to needs of differently abled children.
- ✎ DNB Pediatrics programme to be restarted.
- ✎ More grace to the Pediatric team to provide the love and healing of Christ and bring all the glory unto His name alone.



***My Experience in CFH .....Dr.Swaroop***

I am from Kouthala, in Telangana, a dental doctor committed to give my services to Nazareth mission hospital, located in a remote village. Before coming here I thought why I should go to a mission hospital, when I could work in any well paid private hospital. But God is faithful and He is still working on me. God spoke to me, "No man, having put his hand to the plough, and looking back, is fit for the kingdom of God."(Luke9:62).Through this Bible verse God convinced me to missions and led me to CFH, ODC in His perfect will and time.

I thank God for bringing me to CFH, the world of God's love and fellowship. I always desired to live among the people who truly love Jesus and follow him. Now I feel that my desire is fulfilling in CFH . I am very glad to work here in the Dental department with wonderful doctors with an extraordinary attitude. I am grateful for their love in teaching and correcting. It is an amazing experience to see the doctors and nurses giving great care to the patients. God has been equipping me both spiritually and professionally through CFH. As I am going to work in Nazareth mission hospital, this training period in CFH is practically very useful to me.

I had a privilege to join Dr. Latha Paul in medical missionary trip. I shared my testimony among the medical students in the state of Andhra Pradesh Viz., Nellore, Ongole and Guntur to encourage and invite them into missions. I have attended Life Revision seminars (LRS) of Dr. K.O.John and Dr.K.V. There I have learnt how to meditate God's word and how to pray in silence. It was really one step forward in my spiritual journey. I had an opportunity to attend inner healing seminar of Dr . Latha Paul where, I could review myself and be renewed in the areas of hurt and unforgiveness.

I am very much inspired by the virtues of humility and God fearing nature of all the doctors and staff working in CFH. I have found very generous and loving families in the campus who always welcomed me. I am blessed to be a part of CFH and grateful for their love and support in all that I am enjoying now. I hope and pray that I would be able to apply what I have been learning here at CFH. I pray that CFH would continue to serve the humanity for the expansion of God's kingdom.

***HCFI Conference.....Dr.Monitta***

Greetings to all in the name of our Lord and Saviour Jesus Christ. We are grateful to God that

He gave us an opportunity to attend HCFI South Asia Conference in Sri Lanka from October 4th to 8th, 2017 on the theme 'Behold the Lamb! Be faithful unto death!'. We were a group of 11 people from CFH-Dr.Anish, Mr.David, Dr.Martha and family, Mrs Stella, Dr.Philip, Dr.Josmina, Dr.Esther and myself. The whole meeting was beautiful ,marked by the touch and presence of the Holy Spirit. We were greatly challenged by the stories that we heard from people in healthcare fields across the globe- a couple who



opened up their living room for HIV patients in Andhra Pradesh as they could not find a place for HIV Clinic ,imprisoned for faith twice in Bhutan but the vigor with which a brother still strives for the Great Commission, people dying for the sake of their faith in Syria, about God's faithfulness through times of grief. We all have a compelling call to be obedient to the Master's voice, no matter what the cost and be faithful unto Him to the point of death and to commit ourselves for a lifetime of daring discipleship and to be selfless like our Servant King to reach out in the healthcare fields as more people pass through the hospitals of the world each year than through its churches. Let us all be united with zeal to be fragrances of Christ in our workplaces and to be steadfast, fearless and praying

Christian communities for such a time as this in healthcare and may the Lamb that was slain receive the reward of His suffering!

*From the Community Department..... Dr.Immanuel*

**We thank God for all the blessings we received from Him since last CF connect. We want to thank God for the following:**

### **1. School Health**

- During the Dengue epidemic in November, the School authorities requested our School health team to give awareness among School Children and it was conducted in 15 schools.
- Training has been organized to Balwadi teachers on early Identification of Disability among the children in 4 sessions with 40 participants in each.
- 3 Chief Minister's Insurance camps were organized and 351 patients were benefitted.
- In the diabetic camp 99 patients were screened in CFH on Nov 14.
- New topics introduced in Schools- Soft Skill Training: How to handle Peer Pressure, Depression, Self Confidence etc.. and Adolescent Life skills education based on "Dare to be different"

### **2. Peripheral Clinics (5 areas)**

- We were able to mobilise 15 Hearing Aids and 4 wheel chairs from the Government for elderly and differently abled in these areas.
- Christmas program was conducted in Sattayapanoor on 5<sup>th</sup> December. About 200 public attended including 80 Sunday school students in collaboration with Believers Church, Oddanchatram.
- As a follow up of Blood donation awareness 6 Volunteers from Sattayapanoor donated Blood.
- "Roja kootam"- The womens' meetings were conducted monthly once in Gandhi Nagar and Thumpichampatti by community staff trained by Mrs. Hannah Alex and topics like family and couples fellowship, savings and credit management were covered.
- In November, Cardiac camp was organized in Sattayappanoor Supported by Lakshmi Hospital, Coimbatore and 106 patients benefitted.
- We were able to work with the with the District TB Officer's team and in the prevention of mother to child transmission of HIV.
- A patient from Thumpichampatti was diagnosed to have cervical cancer and she could not undergo treatment due to financial problem. We could coordinate with the CM Insurance team at CFH and Dr. Esmey at Ambilikai. She was treated and now is better.
- Another lady who is suffering from muscular dystrophy and bed-bound for a long time is now moving around and happy since the provision of a wheel chair.
- ECG machine is now available at Sattayappanr. we were able to diagnose a Myocardial infarction early and he was referred to a center where he could have an angioplasty.

### **3. Social work**

- 10 of the 16 differently able children for whom Individual Intervention Plan was made are being followed up.
- Evening Tuition Centers with an average of 15 students in each are going on well.
- In Ceylon refugee camp we have appointed a new teacher in balwadi to fill the gap and in Gypsy Colony 17 drop outs from school were identified. After motivation 7 of them have restarted to go to school.
- International Disability day program was arranged on Nov 29<sup>th</sup>. Totally 135 Disabled children and their parents attended. Block wise support groups were formed. Dr. Swetha Nair, developmental pediatrician and Ms. Rachel, speech therapist from CMC Vellore and Dr. Prabhakaran from Holy Cross Service Society, Trichy, facilitated the program.

- Weekly elderly meetings are being conducted at Thumichampatty, Sattayapanoor and Gandhi Nagar. On an average 17 members attend regularly in each of these centers. Specific classes and lunch are being arranged.
- Christmas program for elderly were conducted in all these 3 places. Skits on Christ's birth, message, and sports for the elderly were arranged. Gifts and prizes were distributed.
- Weekly Home based Physiotherapy service is continued by Mr Bharathiraja.

#### 4. Boys Home and Sadhuji Home

- Christmas functions were organized at the both homes. New dress and special food were distributed by the Nursing department to all the inmates and the boys performed a skit on "The Real Christmas" at the CFH Christmas program.
- Monthly joint prayer meeting was initiated by Dr. Anish. All the families of both homes are participating.
- 11 donors have contributed special dinners to the home inmates on the occasion of their special days.

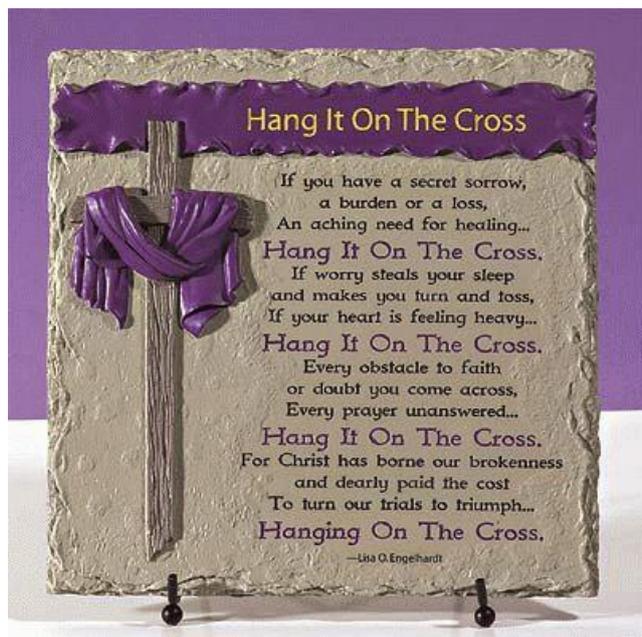
**Totally 25 patients are being benefitted by our Palliative Care team led by Dr. Anish.**

We are glad that Drs. Anu Elizabeth, Devanand and Niranjana have successfully passed their DNB Family Medicine practical exam.

#### Gypsy Colony Drop out Issue Meeting



#### Evening Tuition centre



**CHRIST THE LORD  
IS RISEN!!**

*Join us for the Easter Sunday  
Service on 01.04.18 at 6 am in the  
Nurses hostel terrace, CFH.  
Come let's celebrate*

#### Praise God for the following events....

- Bible seminar by Dr. L.T.Jeyachandran from 19<sup>th</sup> to 21<sup>st</sup> January.
- Global Leaders Summit on 25<sup>th</sup> February
- Student nurses retreat at Pachalur
- Saline Process for Final year students on 25<sup>th</sup> February.
- Saline Process Training on 1<sup>st</sup> and 2<sup>nd</sup> March
- Teaching Mission by Dr. Rajkumar Ramachandran from 8<sup>th</sup> to 11<sup>th</sup> March.
- IMM training program

#### Pray for....

- God's continuous blessings in the hospital functioning.
- Upcoming summer months and God's continuous provision of water
- Obtaining GO for BSc (N) course.
- Spiritual life of our staff and students and patients to experience the Love of Christ.
- Medical students retreat at Pachalur from 30<sup>th</sup> of March to 1<sup>st</sup> of April
- Forth coming VBS from 23rd to 27th April