

# CF Newsletter 2019

*Thus far the Lord has helped us. 1 Samuel 7:12*



We are coming to the end of another momentous year. And the Lord has been kind toward us. We rejoice in all the good that he has blessed us with. And are thankful that He sustained us during the difficult times. The nation struggles with communal crises, moral decline and mob justice while true justice seems to elude the common man.

This Christmas season, let us remember that we are His children, and are called to be a light in the darkness. Let us draw close to God and be aware of His presence and be sensitive to His plans and purposes for us and our nation.

## Fellowship:

We are 25 members in the Fellowship. Dr PK David is healthy though bed-bound and is being cared for by Dr Elizabeth David. Dr Annie is stable and stays with Drs Anish and Rincy on campus. Dr KV takes sessions for residents and continues to see patients. He was briefly unwell and underwent cholecystectomy and is now back to work. Dr KO John conducts Life Revision Seminars and we have seen lives transformed. Drs Latha and Paul travel to remote institutions and help relieve doctors there. She conducts Inner Healing and other seminars. Drs Susheel and Valsa are active on the boards of various institutions and conduct Marriage Enrichment Seminars. Drs Thomas and Sleeby are active in gospel outreach and conduct camps in mission hospitals. We are able to liaise with other ashrams in India through visits and meetings.

The Annual Fellowship Meeting was a time of renewal. Our Advisers for this year are Drs Neena & George Chandy, Drs Santosh & Saira Mathew, and Mr Wilfred & Dr Shanthi Davidar.

## Hospital:

The hospital work continues and we are blessed to have adequate staff in most areas. Now the Govt hospitals have better infrastructure and local hospitals have developed so that we get to see more complex patients. Medicine department has started monthly specialist clinics in Cardiology, Neurology and Pulmonology. Dr Leni and Cijoy have returned and started Nephrology and Endocrinology OPD. Dr Ancy has restarted eye surgeries.

Staff and trainees	568
Students	178
Out-patient average/day	1200
In-Patient average	183 (61%)



The NABH team is constantly reviewing and improving the quality of our services. This has led to perceptible changes in patient care with more staff involvement, more issue identification and rectification.

The months of May, June, July, August were filled with preparations and inspections for the College of Nursing

accreditation. The NABH inspection for renewal of entry-level accreditation was completed successfully. The hospital has been registered under the Clinical Establishment Act this year as required by the Tamil Nadu government.

The hospital was felicitated by the Chief Minister's Health Insurance Scheme (PMJAY-CMCHISTN) as one of the hospitals functioning well under the scheme.



We are grateful to God for the committed and competent staff whose untiring efforts contribute to make the hospital experience as comfortable to the patient as possible. Many of the staff go beyond their time and work schedule and are a blessing. Some of the nursing staff have left as opportunities have opened in the Govt. This is challenging for all involved.

Patient waiting time is a concern and we are trying to address it. Patient numbers were low in the IP section through the year. But the last few months, the bed occupancy was 70%. The Minimum Wages Act and the imminent sudden hike in salaries was another concern. This was kept in abeyance by the Tamil Nadu government. The changing GST rules and computer issues continue to keep the finance statements on tenterhooks. We continue, with help from the Swiftware and Tally programmers.



This year, the rains had forgotten Oddanchatram and the wells were running dry. Water was rationed in the residential area. We were able to tide over 8-9 dry months and were blessed with rain in October and November. This was with the bonus of a hilltop weather in November. But we need more rains to replenish the wells. We thank God for the difficulties we could go through and the rains that rejuvenated the land and people.

The campus is active with the staff and students involved



in the CF Sports competitions. The Children's Christmas program and the carol service by Dr Susheel were refreshing times. The community looks forward to the wedding of Nidhi (Drs George & Susan Philip's daughter) and Jonathan (Drs Latha & Paul Emmanuel's son).

By God's mercies we were able to help some mission hospitals in times of need. Consultants, doctors and other cadre of staff have helped in Anantnag, Umri, Tezpur, Lamptaput, Chhatapur, Dehri-on-Sone, etc.

We have been helped immensely by visiting consultants in surgery, urology, cardiology, pulmonology, neurology, orthopaedics, gynaecology, laparoscopic surgeries, etc. We are also helped by the Aravind Eye Hospital (screening for retinopathy of prematurity), Holy Cross Service Society (care of children with disabilities), RNTCP (TB health worker visits), NACO (ICTC staff), Keithahn Satya Trust (they sponsor the old age programs and evening tuition centers), etc.



We are grateful for the many staff who joined this year. There is a high turn-over among junior doctors.

Bereavement: Sr Soosi J's husband went to be with the Lord.

### New facilities:



Renovated Medicine OP and Maternity ward, dialysis unit, etc. 2 machines have been added to the Lab: Vitros 4600 analyser for

biochemistry and Bactec FX40 for blood cultures.

### Training programs:

Accredited by NBE, New Delhi	
DNB Family Medicine	4
DNB General Medicine	4
Accredited by TN Dr MGR Medical University	
BSc Nursing	60
Accredited by CMAI	
Diploma in Medical Lab Technology	8
Diploma in Medical Records Technology	8
Diploma in Radio-diagnosis Technology	6
CMC Distance Education, Vellore	
M Med in Family Medicine	
PG Diploma in Mental Health	
Certificate Course in General Dentistry	
CFH	
Anaesthetist Assistant course	6



We had observers from various hospitals. Staff were sent here for exposure in anesthesia & OT management, ward management, ICU care, physiotherapy, community care, and school health education. Recently we also had visitors to learn from our NABH team.

### Nursing education:



We had applied for the upgradation of the School of Nursing to a College of Nursing (CON, CFH) in 2017. After multiple visits to various offices, the Government granted permission in March 2019 to admit 60 students. A series of inspections by the Tamil Nadu Nurses and Midwives Council (TNNMC), the Indian Nursing Council (INC) and TN Dr MGR

Medical University were conducted and by God's grace, we received permission from each of these accreditation bodies in time. The CON, CFH, was included in the Government Counselling process this year and enrolled students. An entrance examination and interview was conducted to select the management candidates.

Classes started by 17<sup>th</sup> October and all the 60 seats were filled by 30<sup>th</sup> October. This was a miracle by our standards as we had no confidence that we would be able to get all the documents in time for the Counselling! Mrs Bharathy Jacob joined the CON as Principal and this was a great blessing as we went through the various formalities. Dr. Jacob Chacko, paediatric surgeon also joined the Surgical team.

The College of Nursing was inaugurated on 1<sup>st</sup> November by the Palani Sub Collector Dr Uma, MD, and our MLA, Mr. R Sakkarapani was the guest of honour.



ANM training started in CFH in 1978. This year we celebrated 40 years (Ruby anniversary) of nursing education with an Alumni reunion in November.

The theme was 'Reflect, Rejoice, Rest, and Renew'.

Our alumni, Mrs. Evelyn P. Kannan, Secretary General, TNAI, was the chief guest.

204 nursing alumni and family participated. It was a joyful time of reunion. They shared the ways the Lord had blessed them-how they had been challenged, known the Lord, grew in their faith through their stay here.

All the 3<sup>rd</sup> year nursing students passed and have joined the Nursing Service. Our students and staff participated in the Regional and National Conferences of the CMAI. Mrs. Mercy Quila was the Nursing Secretary and Coordinator for the Regional conference and is now the Vice-Chairman of the CMAI NL (Nurses League).

The Kovai Kongunattu Arakkattalai & Kongunadu Region Recognized Nursing Colleges Association, Coimbatore awarded Mrs. Mercy Quila, Mrs. Besi Rajan and Mrs. Soosi J Nursing Excellence Award for their outstanding and extra-ordinary achievements in academic and clinical activities.



### Community health activities:

Village clinics (weekly):	5
Mobile clinics (monthly):	3
Self-help groups:	12
Palliative care home visits	
School health education:	35 schools
Awareness campaigns, rallies	
Alamaram, gathering of elderly:	3 villages
Focus on children with disabilities	
Evening tuition centers	10
Career guidance	
Medical camps under aegis of CMHIS	
Focus on adolescents (cricket match)	
Alcohol deaddiction camps	



Monthly clinics were started at Gypsy colony, Kumalamarathupatty, and Kombai.



Survey on the socioeconomic status of our patients revealed that 65% of our patients are from the upper lower class. To meet the needs of the people from the lower class we need to have more village clinics.



Oral Hygiene Rally

Two deaddiction programs were conducted this year. This was a concerted effort by the community health department, psychiatry team, pastors and intercessors from outside, and our counsellors. 14 families benefited. Not only did the men consider to leave alcohol, but the sessions with individual couples initiated healing in their relationships and their extended families.



The touch of God in their lives and families was evident in the follow-up visits. We are humbled and realise that these transformations were beyond the realm of medical care.

### Spiritual:

Br Prabhakar Chandran, Sr Hannah and other staff take bible studies for the staff, students, and security staff. Teaching Mission sessions by Mr Rajkumar Ramachandran and Mr Ajoy Varghese (IJM) were a blessing to the community.

Counsellors are available at 'Listening corner' for staff with personal difficulties. Our staff and chaplains interact with patients and relatives in the hospital and are able to share God's love. Outreach activities continue as meetings at churches and homes of staff or patients. Annual Christmas programs and vacation bible classes are conducted by the same team.

The Pachalur ashram serves as a mission conference center for medical students from TN and neighbouring states. Presence of Mr Isaac and Ms Vasanthi has increased the utilisation of the ashram by different groups for various programs.

### Boys' Home, Sadhuji Home:

There are 12 students in the home. They study at Ambilikkai.



The Child Welfare Committee has advised larger space requirements. We desire to build a new building.

3 mentally disabled men are cared for at the destitute home.

### Please pray for:

- God's blessings and guidance on the hospital
- Spiritual revival among the staff and students
- Construction of the College of Nursing building: finances and various permissions required.
- Accreditation of the DNB Paediatrics and DNB OG programs
- Dialysis unit
- Retention of senior nursing staff
- Boys' home construction



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*We wish you and your family peace and joy this Christmas*

*and a blessed New Year*